

Lumeria Maui in Hawaii – Ultimate Wellness Retreat

Located in Maui, Lumeria Maui is the leading retreat for the mind, body and spirit in Hawaii. This luxury retreat offers yoga, holistic educational experiences, therapies plus additional age-old disciplines that have been combined with the pioneering wave sports and adventure found in Hawaii.

Lumeria Maui was proud to have been recognized in Yoga Magazine (June 2014 issue) as one of the ultimate wellness retreats in all of North America.

Now you can experience Lumeria Maui by booking a Personal Wellness Escape Package. Escape the stress of everyday life or the crazy holiday season in the tropical paradise that is Hawaii.

The new wellness package is available between November 30 and December 27, 2014 and allows guests to immerse themselves into the culture and natural beauty of Maui. The program's goal is to spiritually reconnect and physically restore each person.

Courses at Lumeria Maui include meditation, yoga, horticulture, sound therapy and many others. You will be taught by leading professionals. The package is a three-night stay and you will enjoy a getaway that's dedicated to providing rejuvenation of your body, mind and spirit.

Guests may participate in daily on-site classes and activities such as yoga, meditations and educational offerings including aromatherapy and topics of holistic health. All meals as well as a traditional Lomi Lomi massage are included.

The Personal Wellness Escape Package at Lumeria allows guests to take up to four classes each day. Between the various program activities and your meals, relax on a hammock located

in the incredible Whispering Pine Forest or take a dip and swim in the property's gorgeous saline pool.

Lumeria's restaurant is named MuBu and offers nutritionally-balanced menus with mouth watering choices. The food is delicious and uses locally-sourced ingredients that even includes produce grown on the Lumeria farm.

In addition, be sure to take in the Maui surroundings where ocean, island, mountain and tropical views are at every turn.

Pricing for the Personal Wellness Escape Package at Lumeria Maui is \$1,299 per person for the first three nights. If you would like to extend your stay, each night is an additional \$250.

If you are interested in booking a reservation at Lumeria Maui in Hawaii, contact one of our travel concierge specialists today. Return to follow this luxury blog and read about other [luxury travel](#) and personal health experiences.