

St. Barths Gourmet Festival – Foodies Rejoice!

Make your plans to visit tropical **St. Barths** in November. The popular [St. Barths Gourmet Festival](#) is an experience every foodie should have on their personal bucket list. Enjoy a delectable display of culinary prowess by Michelin-rated French chefs. Plus, experience a weeklong dive into the highly curated barrels of the world's best rums. St. Barths has much to offer curious taste buds.

St. Barths Gourmet Festival is back to remind us why this French isle is the culinary capital of the Caribbean. Since 2014, the St. Barths Gourmet Festival has highlighted the best of the best in French cooking. Top chefs fly in for four nights of multi-course tasting menu dinners. Next, these chefs each team up with local chefs and work in the kitchen of St. Barths' top restaurants.

The patron chef this year is highly respected **Pierre Gagnaire**. He has been awarded three Michelin stars for 20 consecutive years. Hence, it is no wonder he was elected "the best-starred chef in the world" by his peers. As a result, Gagnaire has invited a "*Dream Team*" of chefs to St. Barths for the event.

Meet the Chefs

The invited chefs flying in to participate in the St. Barths Gourmet Festival event, represent the best of the best in the world of fine French dining. For example, several run the most revered restaurants in France. Plus are proud owners of multiple Michelin stars. Here is the list:

Pierre Gagnaire – Patron Chef and ambassador of the St. Barths Gourmet Festival and 3-Michelin star Chef at Pierre Gagnaire Paris

Eric Frechon – 3-Star Michelin Chef at Hotel Le Bristol Paris
Arnaud Lallement -3-Star Michelin Chef at L'Assiette Champenoise

Jean-Rémi Caillon – 2-Star Michelin Chef at Kintessence, K2 Palace, Courchevel

Sébastien Vauxion – 2-Star Michelin Chef at Sarkara Restaurant, K2 Palace, Courchevel

Dimitri Droisneau – 2-Star Michelin Chef at Restaurant La Villa Madie, Cassis

Nicolas Beaumann – 2-Star Michelin Chef at Restaurant Maison Rostang

Marcel Ravin – 1-Star Michelin Chef at Restaurant Blue Bay, Monte-Carlo Bay Hôtel & Resort, Monaco

Juan Arbelaez – Chef and Businessman, owner of 10 restaurants in Paris

Matthias Marc – Chef at restaurants Substance et Liquide

Jean Imbert – Chef at Hôtel Cheval Blanc St-Barth Isle de France

The Caribbean Rum Awards

The Caribbean Rum Awards has quickly become the Caribbean's most exclusive celebration of rum. Each year, a team of judges from the Caribbean and around the world descends upon St. Barths. They judge a coveted selection of the Caribbean's best rums. For example, try "Uber-Premium" categories of rum, such as Rhum agricole.

Now in its fourth year, this event gathers the most expensive rums on the market for an unparalleled competition. It is hosted in Gustavia, definitely the heart of St. Barths. The Caribbean Rum Awards packs a punch with nightly events ranging from tastings to workshops to exclusive gala events.

Reservations are required. Contact The Life of Luxury today. We can book all of your travel reservations for both the St. Barths Gourmet Festival and the Caribbean Rum Awards! Therefore, it reduces the hassle and stress, so you can enjoy

yourself.

We hope you enjoyed reading about the St. Barths Gourmet Festival and the Caribbean Rum Awards. We also offer concierge services, such as VIP event tickets, luxury travel and private shopping experiences.

Photo: St. Barths Gourmet Festival