

National Relaxation Day – Enjoy a Luxury Travel Experience

National Relaxation Day is August 15. Celebrate by enjoying a **luxury travel** experience. Many people have never heard of National Relaxation Day. It's no surprise, as there countless national blah-blah-blah days each week. There is so much to see around the world. Don't go cheap. Travel in VIP style!

For National Relaxation Day, use the opportunity to unwind and relax. Maybe a tropical getaway is something you desire? How about a luxury resort with a high-end spa to be pampered? Or take to the seas and enjoy a **luxury cruise**. Whatever your needs are, we have put together a selection of top luxury destinations.

Top Luxury destinations

Naples Grande Beach Resort (Naples, Florida)

Located in the happiest and healthiest city in the country, Naples Grande Beach Resort is set on 23 waterfront acres on Florida's Paradise Coast. The property 474 guestrooms including 29 gulf view suites and 50 bungalow suites plus more than 83,000 square feet of meeting and event space. Every room features a private balcony with direct views of the Gulf. Guests of the hotel have access to five on-site restaurants and bars, three heated outdoor pools, a full-service luxury spa, 8,000-square-foot fitness center, business center and an award-winning tennis facility with 15 courts. The property is surrounded by 200 acres of a protected mangrove estuary intertwined with a system of bridges and elevated walking paths that afford access to three miles of beachfront on the Gulf of Mexico.

Meliá Nassau Beach – All Inclusive (Nassau, Bahamas)

Located right on the stunning Cable Beach, Meliá Nassau Beach – All Inclusive is a perfect destination to kick back and relax. The modern and bright rooms with views of the Atlantic Ocean, beautiful pools or the resort gardens are among three spectacular pools with waterfalls facing the sea, two hydro-massage tubs, seven dining venues and four bars.

Meliá Braco Village (Rio Bueno, Jamaica)

Relax on the shores of Jamaica at the all-inclusive Meliá Braco Village with private beaches and colonial villas with a Caribbean breeze. Experience complete tranquility at this Jamaican paradise, located right next to the beach as a small and intimate resort with big luxuries. The property boasts two swimming pools overlooking the sea with four bars and six restaurants offering a wide variety of national and international cuisine. The spa and wellness center, YHI Spa, offers wellbeing massages and beauty treatments to embrace full relaxation.

Paradisus by Meliá (Mexico and Dominican Republic)

Paradisus by Meliá, a collection of luxury all-inclusive resorts in Mexico and Dominican Republic, feature lavish accommodations and amenities ideal for the upscale traveler. Perfect for a relaxing getaway, the unparalleled Royal Service provides guests with discreet butler service. Enjoy premier access to private Bali beds and chaise lounges beach and poolside and more. Travelers also have access to 5-star fine dining by Michelin-starred chef Martin Berasategui; relaxing and rejuvenating body treatments from the award-winning YHI spa; opportunities to hone new skills through on-property Life Enriching Experiences; pristine beaches with non-motorized watersport activities; as well as adult-only swimming pools, all set in the center of lush tropical gardens and mangroves.

Meliá Caribe Tropical (Punta Cana, Dominican Republic)

Located on the beachfront on the idyllic Bavaro Beach in Punta Cana, Meliá Caribe Tropical has a beautiful beach, extensive

and comfortable facilities and the superior quality of its services to really relax and enjoy. Meliá Caribe Tropical is a luxury hotel in Punta Cana with two YHI Spa areas, Royal Service, fine dining, nine pools, casino, golf course, gym, 13 meeting rooms, among other luxury services.

Princess Cruises

A recognized leader in worldwide cruising, Princess carries two million guests each year to more than 360 destinations around the globe on more than 150 itineraries. A recent survey conducted by Wakefield Research for Princess Cruises found nearly three-quarters of Americans take at least one day off a year just to sleep. In addition, 40% take five or more days off per year just to catch up on shut-eye. Princess Cruises has worked with a world-renowned sleep expert, Dr. Michael Breus, to develop the Princess Luxury Bed. It's the only bed at sea developed in partnership with a board-certified sleep expert. The beds help Princess guests have the best possible night's sleep and enjoy National Relaxation Day. The Princess Luxury Bed is an amazing bed with white linens, four large, white pillows and 3 decorative pillows. It also comes with a small reading lamp on one nightstand and a white orchid. No that's pure heaven!

So what are you waiting for? National Relaxation Day is only two weeks away. Make your luxury travel plans today! Beat the daily grind and non-stop stress. Slow things down and relax for a change. Your body and mind will thank you.

The Life of Luxury can assist with all your travel plans. Airfare, accommodations, dining and sightseeing. We do it all! Please

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world's top travel destinations.**

Photo: Naples Grande Beach Resort