

Enjoy an Indigenous Treatment at a Caribbean Luxury Spa

As discerning travelers look for more than just a luxury hotel to stay in, many also search for other luxury amenities. A luxury spa is often high on that list and many top Caribbean hotels are offering indigenous inspired, VIP spa treatments.

Some of the top luxury hotels in the Caribbean, including Sublime Samana Hotel & Residences, Esencia Estate and Casa Bonita Tropical Lodge have introduced high-end luxury spa treatments.

For example, the Esencia Estate in Mexico is offering new signature spa treatments at its luxury Aroma Spa. The focus on wellness utilizing ancient medicinal traditions is a key for Aroma Spa. The luxury spa offers its clients a wide selection of pioneering treatments from Mexico with the modern health benefits of relaxation.

The "Ritual de Limón" treatment at Aroma Spa at Esencia Estate lasts 80 minutes and is priced at \$222. Using a Mayan tradition, this luxury spa treatment utilizes the absorbent and purifying power of a lemon fruit to cleanse the physical disease, rub on the body, boost a person's energy. To complete the ritual, the lemons are tossed into a fire. The belief is the fire's flames incinerate the remains of a disease plus any negative energy is absorbed by the lemons.

On the best section of private beach on the Samaná Peninsula of Dominican Republic's, sits the luxurious Sublime Samana Hotel & Residences. The resort features Sublime Spa. This luxury spa is the finest in the area and provides the ultimate Dominican spa experience. The spa utilizes many, local indigenous ingredients such as coconuts grown on the resort's property.

The “Coconut Whispers” treatment lasts for 80 minutes and costs \$110. You’ll receive a relaxing, full-body coconut exfoliation on the beach. What could be better than that? In addition to natural coconut, organic honey and sea salts are also used. As you lie under the Vichy bamboo shower, receive a light spray of water that is meant to activate your body’s circulation. The treatment ends with a warm coconut milk bath that is followed by a relaxing body massage.

Overlooking the stunning Caribbean Sea, the Tanama Eco Spa at Casa Bonita Tropical Lodge is also located on the Dominican Republic. For eco-conscious travelers, you can enjoy a terrific spa sampler. Tanama Eco Spa features a

luxury spa package that allows Casa Bonita Tropical Lodge guests to be pampered with a 30-minute taste of several of Tanama’s most popular, signature treatments.

The Casa Bonita Spa Sampler Package is priced at \$709 for a Deluxe Suite or \$1,019 for a Ocean View Suite. You’ll receive 3 nights in your room choice, plus a daily breakfast and your choice of one Spa Sampler such as a mud facial, body wrap, relaxing bath and more!

*Want to Book a Luxury Travel Reservation?
Then contact “The Life of Luxury”
CLICK HERE*

If you are interested in booking a luxury travel vacation to the Caribbean and enjoy a luxury spa experience, then please contact The

Life of Luxury. Keep up with other, luxury travel related news by following this luxury blog.